

8. Explanation of What Acca Cords Are and A Process to Clear the Negativity Within Your Acca Cords.

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**Did You Know that When You Meet Someone on the Street and
You Talk with Them, that You Create a Channel of Light Frequencies in
Both of your Acca Cords?**

**This Acca Cord is From Their Solar Plexus to Your Solar Plexus.
The Solar Plexus is Located Near the Heart area, but it is Not the
Heart.**

**It is Important that You Know that this Acca Cord of Light
Frequencies Remains with You Forever! You Need to Periodically
Clear All the Negativity and Old Pattering from Your Acca Cord that is
Connected to the Other Person.**

**The Longer You have a Relationship with the Person the
Stronger Your Acca Cord Connection. This Creates More Negativity or
Conditioned Patterns in the Acca Cord that You Need to Clear!**

**Clearing the Acca Cord of All Past Negative Frequencies and
Patterns from Both You and the Other Person Allows the Other
Person to Take More Responsibility for Themselves. In that way they
Do Not Drain Your Energy Fields and Your Relationships can Improve.**

Things of Importance For You To Know

- Clear Only One Person at a Time!
 - I Try to Clear Three or More Different People, One After the Other When I Clear One Because I Am Already in Such A Higher State of Pure Love.
 - Periodically Clear Your Acca Cord!
 - You Can Clear Someone Who Has Died.
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- Know That When You Clear Your Acca Cord You are Filling Not Only Yourself but Also the Other Person With the Healing Light of the Divine Creator and Your Master Guide.
 - It Will Help You to Reclaim Your Vitality if You Clear All Your Family, Your Friends, People at Your Home, Work and Play Whoever You Connect With and Talk With.

Process To Clear The Negativity Within Your Acca Cords

- Take Three Very Deep Breaths, Center Yourself and Open Your Heart To Receive the Creator's Pure Love and Light.
- Sit and Visualize the Person You Wish to Clear the Negative Energies and Patterns with, Sitting Across From You.
- Ask Out Loud For Assistance , "I Call on the Beloved Healing Love and Light of the Divine Creator and My Master Guide to Please Assist Me and (name) in Clearing and Removing All the Negative Energies and Patterns That Were Created When We Have Spoken with Each Other."

- **Now Visualize and Feel the Creator's Pure Unconditional Healing Love and Light Flowing Into the Top of Your Head and Throughout Your Entire Body..... As You Become a River of Unconditional Pure Healing Love and Light.**
- **Then Take Hold of Your Acca Cord Located at Your Solar Plexus Near Your Heart and Brings It Up To Your Mouth.**
- **Then With Your Loving Intent Blow Your River of Pure Unconditional Love and Light Into the Acca Cords Three Times! Relaxing After Each one. Know That you Both Are Being Filled With the River of Pure Divine Healing Love and Light.**
- **Now Put the Acca Cords Down and Forget All About It, Just Let Go!**

I Thank the Beloved Creator and My Master Guide For All Your Pure Unconditional Healing Love and Light!

**I Am Thankful! I Am Thankful! I Am Thankful!
I Am Grateful! I Am Grateful! I Am Grateful!
So It Is, So Be It!
Amen Amen Amen**

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